

Namaste and Tashi Delek!

I am very happy to inform you that Chembal Lama now has safely arrived to Sweden! His journey went well and he has lots to tell from Nepal and Humla!

Invitation to the Annual Meeting

On March 28 2010, at 2 pm, KMCH Support Group's annual meeting will take place. All members are most welcome. All documents will be sent to you by e-mail before the meeting. The meeting will take place, just like previous years, in the library of Ekebyhov's Castle, Ekerö.

Our new handicraft project in Humla

KMCH has recently started a small scale handicraft project. Our wish is to help the Humlis to get an opportunity to earn in income, as Humla is a region where people sustain themselves mainly through their own farming and animals and by trading their goods. The idea is that maybe they now will be



able get an income through selling their locally made handicraft. During spring, summer and autumn most people are very busy working on their farms but during the winter there is time for relaxation. During wintertime there is time for handicraft but also for story-telling and singing around the kitchen stove. This autumn KMCH bought almost 30 kg of cotton yarn and sent it to Humla. During the cold season four women have woven traditional textiles that Chembal now has brought with him to Sweden. It has become colourful and beautiful products as bags, table cloths etc. The women have

been paid for their work and the profit from the sales will without any deduction go to KMCH's activities. The winter-handicraft products from Humla will be displayed and sold at the Annual Meeting and at the Museum on Ethnography on March 27.



KMCH-jewellery

At the Annual Meeting and at our one day exhibition at the Museum of Ethnography we will also sell our brand new KMCH silver pendants. They are hand made in Nepal by a Fair Trade organization and the design is made especially for KMCH. There are two different designs of the pendant, both are made from silver and with stone of lapis lazuli. Their forms are inspired by Humla, with the mighty Mt Kailash and holy Lake Manasarovar. Both the mountain and lake is part of KMCH's name and are among the most holy of all destinations for pilgrims of most of Asia's religions, Buddhistis, Jainistst, Hinus and Böns alike. The silhouette of the mountain and the blue color of the lake are important in Humla, which is also called the Gateway to Kailash with

its age-old pilgrim-paths crossing it mountainous landscapes.

More News From the Adult Teaching in Yangar, Humla

Chemal Lama told us that there are now 30 participants in the teachings for adults in the village of Yangar. Gyurmet, who is the one giving private tuition for the children in our children home in Yangar, is also teaching adults at night. The classes are held in his house, six evenings per week. The students are mostly women. It is basic ABC and mathematics that are the topics they study. The



majority of the adults in Humla do not know how to read or right and many still use thumb-prints as their signature. Especially many women have never learnt how to read and write.

The cost for KMCH Support Group for this project in 500 SEK per month. There have been other projects like this before in Humla but the problem is that they occur irregularly and only last two or three months. We hope to be able to continue this project as long as it is needed. On the photo you can see Guyrmet hand out a text-book to a new student.

And do not forget.....

The Museum of Ethnography on 27th of March 2010, at 1 pm

When Chembal Lama will speak about Life in Humla.

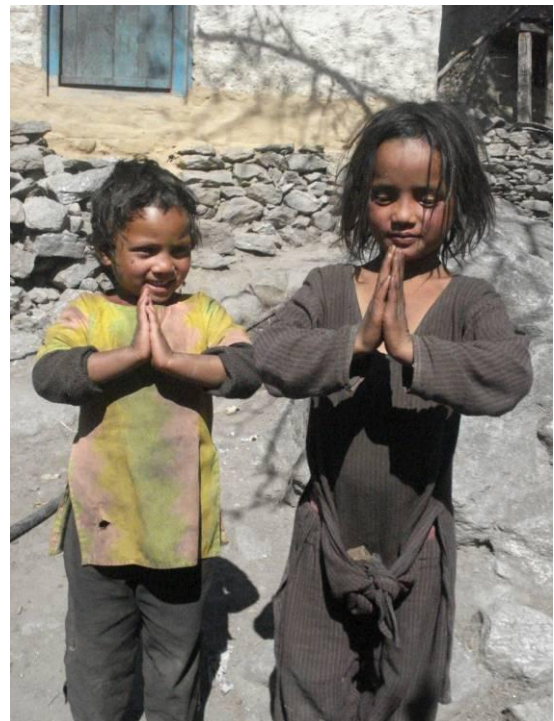
Humla is a region in the Himalaya. The region is very rich in culture and age-old unique traditions. Situated on the steep slopes of the Himalayas in an extreme environment and climate the conditions of life is very difficult for its peoples. Come and hear Chembal Lama speak about life in one of the world's most isolated and distant regions. He will also speak about his work for giving the children of Humla hope for a brighter future.

Most welcome to Museum of Etnography, Saturday March 27th, 2010. The speech starts at 1 pm, the museum opens at 11 am. For more information see www.etnografiska.se.



The event is organised by the non-profit organisation KMCH Support Group. Its main objective is to help children and adults of Humla to education and health care.

For more information contact us at:
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Kind regards



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